

Personalised Wellbeing Plan for Deaf people

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| **My name:**  | **I like to be known as:**  |
| **NHS Number:** | **Phone number:** | **Email Address:** |
|  **Address:**  | **Post Code:**  |
| My communication |
| 🞎 My language is British Sign Language or Sign Supported English  | 🞎 I want to use [www.bslhealthaccess.co.uk](http://www.bslhealthaccess.co.uk) to access a free BSL Interpreter by video for all medical care or information. I will need access to WIFI or a location with a strong 4G signal. |
| My communication aids |
| 🞎 Hearing aid/s in my right/ left/ both ears | 🞎 Cochlear implant(s) in my right/left/ both ears | 🞎 I need to see your lips when you speak to me | 🞎 I don’t use hearing aids or other aids | 🞎 Other: |
| If I need emergency care please take care of my communication aids. Make sure they are working and that I have a supply of batteries. |
| My sight |
| 🞎 I have Usher Syndrome | 🞎 I have better sight in my left / right eye | 🞎 I wear glasses/contact lenses | Other: |
| Things you need to know about my health |
| **My health condition(s)…**  |
| **Medication I take …** |
| **It is kept …** | **I take it by:**  |
| **What matters to me most whilst I am staying at home and keeping away from people.** |
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| **What support I will need whilst I am staying at home and keeping away from other people** |
| **What I am worried about whilst I am staying at home and keeping away from people...** |
|  **What I will do…** |
| **What my family, friends and neighbours will do …** |
| **Other help I will need …** |
| **Where I can get help now …**[www.signhealth.org.uk](http://www.signhealth.org.uk) Up-to-date information and advice on the Coronavirus and other health conditions in BSL |
| If you have any questions, please contact: |
|  **My GP is** …**Telephone****number:** |  **My designated****emergency contact is:****Telephone number:** | **Relationship to me…** | **Other …****e.g. social worker, housing****association, care worker****Telephone number:** |