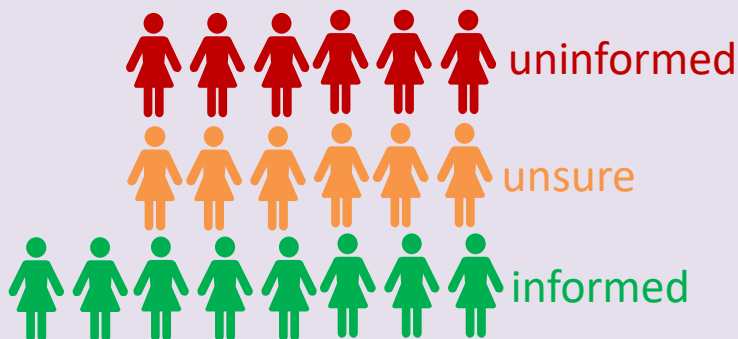


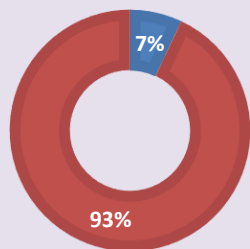
## Birmingham Survey – the results

From autumn 2018 to spring 2019 a survey was conducted, via workshops and questionnaires, by Sarah Bown from the University of Wolverhampton in partnership with BID Services, focussing on the menopause as experienced by Deaf and hard of hearing women. The feedback from participants indicated a greater need for **accessible** information and support.

**60%** of Deaf women are **not informed enough** about the menopause.

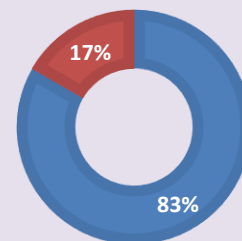


**55%** are **not aware** that **symptoms** they are experiencing **could be attributed** to the menopause



7% are able to access information in BSL

Despite existing legislation (Equality Act 2010; PSED 2011) and the NHS accessible information standard (2015; 2017), Deaf women **do not have sufficient access** to menopause health information in **British Sign Language (BSL)**.



83% want to access information in BSL

*“For most Deaf people, English is a second language and as such they may have a limited ability to read, write or speak English.”* (NHS accessible information standard, 2015:6)



Those who were given medical leaflets and websites to look at, **reported difficulty in understanding them.**

For further details – please contact

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## Birmingham and Solihull Survey – the results

**66%** of Deaf women **did not consult** healthcare professionals about their menopause symptoms, this is 16% higher\* than the general female population.

\*BMS National Survey 2017



In contrast Deaf women state they **need more professional help and advice** as they **approach** the menopause.



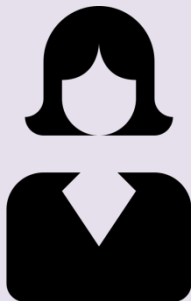
Low mood  
Sweating  
Panic attacks  
Hot Flashes  
Joint pain  
Headaches  
Night sweats  
Tired  
Heart beating fast  
Numbness in body  
Poor memory  
Anxiety  
Irritable  
Feel nervous  
No energy  
Depression  
Mood swings  
No interest in life  
Crying  
Frequent urine passing  
Loss of interest in sex  
Dizzy  
Joint and muscle pain

Deaf women on average report **nine symptoms** of the menopause.

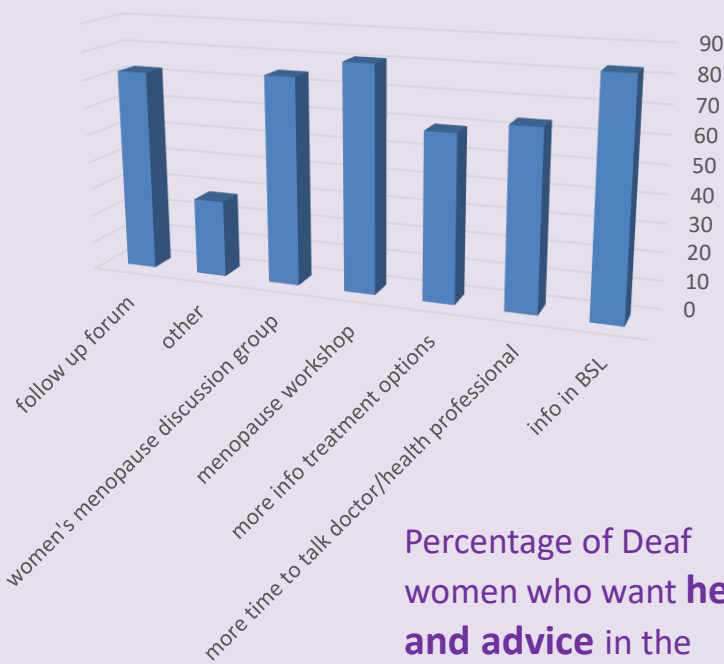


The vast majority of Deaf women (90%) have **no awareness** of treatment options and how these work.

? ? ?



**Only 30%** of those being treated understand how the **treatment works**.



Percentage of Deaf women who want **help and advice** in the following **formats**.