

Mental Health Awareness Workshops

South
West
England

March 2022



Are you a Deaf club or organisation in the South West of England?

SignHealth is pleased to offer free interactive Mental Health Awareness Workshops for Deaf Adults in March 2022!

Face to Face workshop

- What is Mental Health?
- Signs of common Mental Health issues
- How SignHealth therapy works
- Where to get help and find out more

All communication methods can be catered for

If you wish to book a workshop in a different month, please contact Erika to discuss it further!

To arrange a workshop in your local area, contact Erika at elevi@signhealth.org.uk

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